



1357 Kapiolani Boulevard, Suite 1450  
Honolulu, HI 96814  
Phone: 808-953-2502  
Fax: 808-913-3843  
Email: [aloha@malamakidney.com](mailto:aloha@malamakidney.com)

---

#### Preparing for your first Appointment:

Kindly take the time to complete our new patient forms. These forms help our team get to know you and what's most important to you. These new patient forms can be here or a member of our team can mail it to you before your first visit.

#### Tips to prepare for you appointment:

- Arrive 15 minutes prior to your scheduled appointment time
- Bring completed new patient forms (front and back)
- Bring all medications, vitamins, and herbal supplements in original bottles (place in a plastic or paper bag)
- Bring your current ID and insurance card(s)
- Register and watch the first two videos from Aloha Kidney Classes at [www.alohakidney.com](http://www.alohakidney.com). These videos are a great source of information on keeping your kidneys healthy and will help lay the foundation for your in-depth kidney learning.

If you have any questions, please call us at (808) 953-2502. Thank you for your time and we look forward to caring for you.